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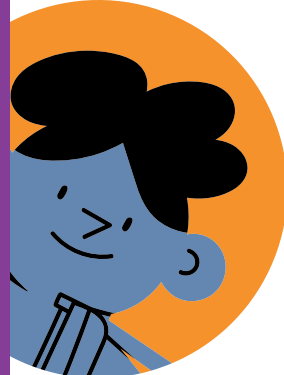
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A network of European organisations, universities and research institutes, and acts as the voice of informal carers in Brussels

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# NEXUS

## YOUNG CARERS

CONNECTING RESEARCH  
POLICIES AND YOUTH PRACTICES

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🌐 [www.nexusproject.eu](http://www.nexusproject.eu)

# ABOUT THE PROJECT

In recent years, many researchers, policy-makers and youth workers have emphasised the need for more participatory research with young people, especially the most vulnerable ones such as young caregivers.

More than ever in these cases, the participatory research is crucial to enable young carers and more generally groups at risk of marginalization to take an active role in providing more information about their life experiences and thus influencing policy and practices. In order to ensure the interconnection between policy, research and practice it is crucial to provide youth workers, all those who deal with young people in various roles, a set of resources aimed at making them more competent and aware in engaging young people in participatory and action research, best suited to inform decision-making at all levels of governance.



## THE NEXUS PROJECT AIMS TO DEVELOP:

- A multi-language training program about the core-competencies needed by youth workers to contribute to research and policy around young carers, together with a guide for its replication by other providers.
- An open online educational resource (OER) for youth workers across Europe to acquire the skills they need to engage in evidence-based policy development.
- Policy recommendations to meaningfully engage with youth workers, young carers, service providers, researchers and policy makers in the format of a national and European workshop.

